

Decision Making Worksheet

1. **Clarify Perspective:** **My first reaction?**

2. **Comprehend What Matters:** **What's important to me? To others?**
 -
 -
 -
 -
 -
 -
3. **Commit to What is MOST Important:** **What matters most, and WHY?**

4. **Choose a decision that follows best from my top value:**
Choose a course of action that aligns well with my top value.

5. **Communicate the Decision:** **Include the following in the explanation.**
 - **State the decision clearly and succinctly.**

 - **Explain the top value(s) that drove the decision, and WHY I picked it/them as the top value(s)**

 - **Describe the downside:**
 - **What other important values did I have to leave behind?**

 - **Who stands to be hurt by my decision?**